

NAME:

April 2026 Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 10a=BCH Nutrition 11a=Brass Crochet 12:30p-2p=Monitor My Health (5) 12:30=Pat's Craft-\$3 No Stretch/Tone	2 9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Easter Lunch \$5 12:30p=Wisdom Years	3 CLOSED 
6 9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12p=Senior Ctr Mtg- Always Best Care/ New Opp/Home Meal Program	7 9:30a=Chair Yoga 1 9:30a=Comm Health Worker 9:30a=Silas Bronson 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo	8 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=Drum w/Debra 11a=Brass Crochet 12:30p-2p=Monitor My Health (6)	9 9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch	10 9:30a=BRASS Chair Strength 10a=Tech Help 10a=Vets Coffee Hour 11a=Computer Class 11a=Spades 11a=Sewing 11a=Paint w/Silvia \$2 11:30a=Park Central Bingo & Lunch
13 9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Estevan Miranda=Blood Pressure	14 9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo	15 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p-2p=Monitor My Health (7)	16 9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch 12:30p=Senior Dine Sign-up 12:30p=Mandy Dupont	17 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Sewing 11a=City Mission 11a=Computer Class 11a=Spades 11a=Paint w/Silvia \$2 11:30a=Reiki
20 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback	21 9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30p=Reflexology 11:30a=Chair Yoga 3 12:30p=Bingo	22 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p-2p=Monitor My Health (8)	23 9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch	24 No Activities Eye Health Fair 10a-1p 
27 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Watch Your Step! Lunch & Learn	28 9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo	29 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p-2p=Monitor My Health (9)	30 9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch 12:30p=CJ May-Magic of Recycling	



April 2026 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Café Lunch served 11:30a to 12:30p Tuesday & Thursday</p> <p>All menus are subject to change</p>			<p>Glazed ham Scalloped potatoes Green beans Dinner roll Honey bun Fruit juice</p> <p style="text-align: right;">2</p>	<p>Suggested Donation for Seniors \$4.00</p>
	<p style="text-align: right;">7</p> <p>Beef/chicken chili garlic meatballs Brown rice Green beans White bread Mixed fruit</p>		<p style="text-align: right;">9</p> <p>Split pea soup/crx Teriyaki pork loin Confetti brown rice Wheat bread Cookie Fruit juice</p>	<p>PLEASE NOTE Aids & Guests are asked to pay \$9.73 for lunch. That is what the WSC pays New Opp for lunch</p>
	<p style="text-align: right;">14</p> <p>Lemon chicken Garlic red pepper penne Tossed salad/Italian dressing WG dinner roll Cookie Fruit juice</p>		<p style="text-align: right;">16</p> <p>Corn chowder/crx Hamburger patty/bun Swiss cheese Roasted potatoes Fresh fruit Ketchup/mustard</p>	<p>We are unable to use our funding to pay for lunch- es of individuals under the age of 60</p>
	<p style="text-align: right;">21</p> <p>Beef stir fry Brown rice Broccoli Rye bread Mixed fruit</p>		<p style="text-align: right;">23</p> <p>Vegetable soup/crx Turkey primavera Penne pasta Italian bread Cookie Fruit juice</p>	
	<p style="text-align: right;">28</p> <p>BBQ chicken Confetti brown rice Carrots Wheat bread Cookie Fruit juice</p>		<p style="text-align: right;">30</p> <p>Chicken fajitas Fiesta rice Lettuce/tomato/sour cream Flour tortilla Holiday dessert Fruit juice</p>	