

SUPPORT GROUPS AND RESOURCES

Alcoholics Anonymous Meetings

Waterbury
(323) 307-7997

Alcohol addiction support group. Visit website for a complete list of AA meetings offered in Waterbury.

<https://nuviewtreatment.com/aa-meetings/waterbury/>

80 Phoenix Ave (Staywell Health Center),
Waterbury 06702
(203) 756-8021

LGBTQIA+ support groups for teens, adults and parents/caregivers. Virtual sessions.

Visit website for scheduled sessions.

<https://questct.com/queer-youth-social-group/>

CT Region of Narcotics Anonymous

Waterbury
1 (800) 627-3543

Support group for recovering addicts that meet regularly to help each other stay clean.

Visit website for location of meetings.

<https://ctna.org/>

Safe Haven of Greater Waterbury

29 Central Ave, Waterbury 06702
(203) 574-0388

Sexual assault and domestic violence support groups. Check website or call for schedule of sessions.

<https://safehavengw.org/>

GRASP (Grief Recovery After a Substance Passing)

Southington 06789
(860) 302-7600 Call for exact location of monthly meetings.
www.grasphelp.org

Suicide Support Groups

Visit website for listing of CT support groups that meet virtually or in person.

<http://www.suicide.org/support-groups/connecticut-suicide-support-groups.html>

Harold LEEVER Regional Cancer Center

1075 Chase Parkway, Waterbury 06708
(203) 575-5555

Cancer support groups. Visit website for support groups offered and calendar of meetings.

<https://www.leevercancercenter.org/supportgroups/>

TriCircle

169 Colony St, Room 28 Meriden 06451
(860) 349-7074

Hope and support groups for those concerned about a loved one with a substance use disorder and/or for anyone who has lost a loved one to a substance related death.

<https://tricircle.org/>