

# Elder Care Services

## **BRASS**

1985 E Main St, Waterbury 06705  
(203) 574-6746

Information HUB on services, programs and benefits for Waterbury residents ages 60+.

Programs focusing on health, fitness, recreation, technology and socializing.

<https://www.waterburyct.org/services/senior-services/BRASS>

## **Carriage Manor LLC**

157 Hillside Ave, Waterbury 06710  
(203) 574-2317

Residential assisted care. Professional health and social services.

<https://carriagemanorct.com/>

## **Day Break at Waterbury**

161 Interstate Ln, Waterbury 06705  
(203) 757-0106

Adult day program. Health management, activities and meal. Transportation (to and from the Day Break facility).

<https://daybreakatwaterbury.com/>

## **Elton Residential Home Care**

30 W Main St Waterbury 06702  
(203) 756-1229

Largest residential care home in CT. Provides personal care, assistance with daily activities, medication management, assistance with medical appointments and transportation.

<https://eltonrhc.com/>

## **Hispanic Coalition - La Casa Bienvenida**

135 E Liberty St, Waterbury 06706  
(203) 754-6172

Adult day care, medical, social, nutritional, recreational and case management services.

Transportation to and from the center provided.

<https://thehispaniccoalition.org/la-casa-bienvenida/>

## **New Opportunities - Adult Diaper Bank**

232 N Elm St, Waterbury 06702  
(203) 757-7738

Access for adults to incontinent products.

<https://www.newoppinc.org/services/diaper-bank>

## **New Opportunities - Meals on Wheels**

232 N Elm St, Waterbury 06702  
(203) 757-7738

Nutritious, diet-specific meals for homebound seniors, age 60+.

<https://www.newoppinc.org/services/meals-on-wheels>

## **Our Lady of Mount Carmel**

785 Highland Ave, Waterbury 06708  
(203) 756-8981

Spiritual, educational and social activities for ages 60+. Partners with BRASS.

<https://olmcwtby.com/page/ministries>

## **Southmayd Home**

250 Columbia Blvd, Waterbury 06710  
(203) 754-0360

Assisted living for senior women. Personalized residential care services. Medication administration, recreational activities.

<https://www.southmayd.com/>

## **The Village at East Farms**

180 Scott Rd, Waterbury 06705  
(203) 864-6601

Assisted living, respite care, mind and Memory care.

<https://www.benchmarkseniorliving.com/senior-living/ct/waterbury/the-village-at-east-farms/>

## **Waterbury Senior Center**

1985 E Main St, Waterbury 06705  
(203) 574-6746

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Seniors age 60+, wellness related programs, computer lab, card tables, pool tables, lunch and learn events. Visit website search by senior center.

<https://www.waterburyct.org/>

## **Western Connecticut Area Agency on Aging**

84 Progress Ln, Waterbury 06705  
(203) 757-5449

Home delivered meals, legal, chore, health, adult day care/respice, transportation,

veterans' outreach, benefits outreach, health screenings. Visit website for full listing of programs/services.

<https://wcaaa.org/>

## **Willow Plaza Community Center**

60 Elmwood Ave  
Waterbury, 06710 (203) 575-1545  
Social, recreational, educational and fitness center for seniors.