



# September 2017

## Waterbury Senior Center (203) 574-6746



Monday	Tuesday	Wednesday	Thursday	Friday
<b>September 1, 2017</b>				
<p><b>***KEY TO ROOMS***</b></p> <p>MP = Multi Purpose Room            C = Computer Room            Main = Main Room            AC = Arts &amp; Crafts Room            H=Health Room            G=Game Room            L=Lounge (TV Room)</p>				9a-11a=Wii Bowling (MP) 10a-11a=Intro to Internet (C) 10am=BRASS Chair Exercise w/Ed 11a=Mah Jong (AC) 11a=Poker (G) <b>11:15a-12:15p-BRASS Chorus (MP)</b> 11:30a-12:30p=BRASS Magic of Microsoft(C) <b>11:30a=Afternoon Movie (L) ~Flower Drum Song~</b>
<b>September 4, 2017</b>	<b>September 5, 2017</b>	<b>September 6, 2017</b>	<b>September 7, 2017</b>	<b>September 8, 2017</b>
 	<b>9a-10:30a=BrassCityHarvest(Porch)</b> 9a-11a=Wii Bowling (MP) 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters Instr. (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) <b>12:30p=Senior Center Meeting</b>	9a-11a=Wii Bowling (L) 11am=BRASS Crocheting Instruc. (AC) 11a=Healthy Nutrition(K) 11:30am=Strength Training w/Kim (M) 12p-2p=Cope w/Color (MP) 1p-2p=Balance w/Brenda (M)  <i>Register for Meals by 11:30 for next day</i>	9a-11a=Wii Bowling (L) 9:30a-11a= Painting -\$2 (MP) 9:30a=Strength Training (M) <b>9:30a=1770s Farmhouse Trip</b> 11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M) <b>12:30p=WBV Gardens</b> <b>Medicare/Medicaid (MP)</b> 12:30p-2p=BRASS Tech Help by Appoint	9a-11a=Wii Bowling (MP) 10a-11a=Intro to Internet (C) 10am=BRASS Chair Exercise w/Ed 11a=Mah Jong (AC) 11a=Poker (G) <b>11:15a-12:15p-BRASS Chorus (MP)</b> 11:30a-12:30p=BRASS Magic of Microsoft(C) <b>11:30a=Afternoon Movie (L) ~7Brides for 7 Bros~</b>
<b>September 11, 2017</b>	<b>September 12, 2017</b>	<b>September 13, 2017</b>	<b>September 14, 2017</b>	<b>September 15, 2017</b>
9a-11a=Wii Bowling (MP) 10a=BRASS Tai Chi w/Joe (M) 11a=Mah Jong (AC) 11a=Women's Setback (G) <b>11:30a=Afternoon Movie (L)</b> <i>~The Music Man~</i> <b>11:30a=Before You Sell Your Home</b>  <i>Register for Meals by 11:30 for next day</i>	9a-11a=Wii Bowling (MP) 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) 12:15p-12:45p=Chat w/Francesca 12:45p-2p=BINGO-(M)	 <b>ANNIVERSARY PARTY!</b> <b>11am - 2pm</b> <b>Please Sign Up!</b>	9a-11a=Wii Bowling (L) 9:30a-11a= Painting(No Instruct)-(MP)  11am=Golden Leaves Book Club (L) 11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M)  <b>12:30p=Mandy's Roundtable (MP)</b>	<b>NO PROGRAMMING</b> <b>BRASS TAG SALE</b>  <b>10am-1pm</b>
<b>September 18, 2017</b>	<b>September 19, 2017</b>	<b>September 20, 2017</b>	<b>September 21, 2017</b>	<b>September 22, 2017</b>
9a-11a=Wii Bowling (MP) 10am=BRASS Tai Chi w/Joe (M) <b>11a-12p=Fall Ball Ticket Sale (MP)</b> 11a=Mah Jong (AC) 11am=Women's Setback (G) <b>11:30a=Autumn Cupcake Decorating</b> <b>11:30a=Afternoon Movie (L)</b> <i>~Gentlemen Prefer Blondes~</i>  <i>Register for Meals by 11:30 for next day</i>	9a-11a=Wii Bowling (MP) 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters Instr. (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) 12:30p-2p=BINGO-(M)	9a-11a=Wii Bowling (L) <b>9:30a=Wii League (Canton)</b> 11a=Healthy Nutrition(K) 11am=BRASS Crocheting Instruc. (AC) 11:30am=Strength Training w/Kim (M) 12p-2p=Cope w/Color (MP) <b>12:30p-1:30p=Cards &amp; Crafts (AC)</b> <b>Italian Decorating Crafts</b> 1p-2p=Balance w/Brenda (M)  <i>Register for Meals by 11:30 for next day</i>	9a-11a=Wii Bowling (L) 9:30a-11a= Painting [no instruct] (MP) 9:30a=Strength Training (M)  11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M) 12:30p-2p=BRASS Tech Help by Appoint	9a-11a=Wii Bowling (MP) 10a-11a=Intro to Internet (C) 10am=BRASS Chair Exercise w/Ed <b>10:45a-12:45p=BRASS Swim Party at the YMCA</b> 11a=Mah Jong (AC)  11am=Poker <b>11:15a-12:15p-BRASS Chorus (MP)</b> 11:30a-12:30p=BRASS Magic of Microsoft(C) <b>11:30a=Afternoon Movie (L)</b> <i>~Oklahoma!~</i>
<b>September 25, 2017</b>	<b>September 26, 2017</b>	<b>September 27, 2017</b>	<b>September 28, 2017</b>	<b>September 29, 2017</b>
9a-11a=Wii Bowling (MP) 10am=BRASS Tai Chi w/Joe (M) 11a=Mah Jong (AC) 11am=Women's Setback (G) <b>12:30p=Good to Go-Eastside Memorial</b>  <i>Register for Meals by 11:30 for next day</i>	9a-11a=Wii Bowling (MP) <b>9a-10:30a=BrassCityHarvest(Porch)</b> 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) <b>11:40a-2p=Reflexology</b> 12:30p-2p=BINGO-(M)	9a-11a=Wii Bowling (L) <b>10:30a=Lunch at Kaynor Tech</b> 11a=Healthy Nutrition(K) 11am=BRASS Crocheting (AC) 11:30am=Strength Training w/Kim (M) 12p-2p=Cope w/Color (MP)  1p-2p=Balance w/Brenda (M)  <i>Register for Meals by 11:30 for next day</i>	9a-11a=Wii Bowling (L) 9:30a-11a= Painting [no instruct] (MP) 9:30a=Strength Training (M) <b>10a-11a=VNA Flu Clinic</b> 11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M) 12:30p-2p=BRASS Tech Help by Appoint <b>12:30p=Depression &amp; Stress in the Elderly-Rachel (Emerest)</b>	9a-11a=Wii Bowling (MP) 10a-11a=Intro to Internet (C) 10am=BRASS Chair Exercise w/Ed 11a=Mah Jong (AC) 11a=Poker <b>11:15a-12:15p-BRASS Chorus (MP)</b> 11:30a-12:30p=BRASS Magic of Microsoft(C) <b>11:30a=Afternoon Movie (L)</b> <i>~Royal Wedding~</i>  <b>1p=Vets Coffee Hour</b>