

More services to help keep members healthy

The health care reform law includes provisions for coverage of preventive health care services. We have reviewed our current coverage of preventive health care services based on the requirements of the health care reform law. Although we already cover many of the required services, we did expand our list to include additional services.

The expanded preventive care services are covered under all small group (50 or fewer employees) Anthem health plans with renewal or plan effective dates on or after October 1, 2010.

Anthem plans offered to new groups with 51 or more employees automatically include the expanded benefits, and to renewing groups when there is a coverage change. In all other cases this benefit is available at an additional cost.

Groups with collectively bargained agreements should contact their Anthem representative to determine when these expanded benefits become effective for their Anthem members.

What are the new covered services?

We've added several new screening tests, counseling intervention services and additional services associated with previously covered screenings and vaccines. The following charts include an overview of the covered services. **New and expanded services are listed in bold.**

For more information about preventive health coverage, please contact your local benefits team.

Children – birth through 21 years

Preventive care physical exams are covered, as well as the screenings, tests, counseling and vaccines listed here.

| Screenings, tests and counseling | Vaccines |
|--|---|
| Vision screening | Hepatitis A |
| Hearing screening | Hepatitis B (expanded coverage) |
| Oral health screening | Diphtheria, tetanus, pertussis (DtaP) |
| Screening for lead exposure | Varicella (chicken pox) |
| Anemia screening | Influenza (flu) (expanded coverage) |
| Tuberculosis screening | Pneumococcal conjugate (pneumonia) |
| Pelvic exam and Pap test | Human papillomavirus (HPV) |
| Newborn screenings (expanded coverage) | Haemophilus influenzae type b (Hib) |
| Development and behavior tests | Polio |
| Cholesterol and lipid level screening | Measles, mumps, rubella (MMR) |
| Screening for depression (expanded coverage) | Meningococcal polysaccharide (expanded coverage) |
| Obesity screening and counseling (expanded coverage) | Rotavirus |
| Behavioral counseling to promote a healthy diet (expanded coverage) | |
| Screening for sexually transmitted infections (expanded coverage) | |

Continued >

Adults – 22 years and older

Preventive care physical exams are covered, as well as the screenings, tests, counseling and vaccines listed here.

| Screenings, tests and counseling | Vaccines |
|---|--|
| Vision eye chart test | Hepatitis A |
| Hearing screening | Hepatitis B (expanded coverage) |
| Cholesterol and lipid level screening | Diphtheria, tetanus, pertussis (DtaP) |
| Diabetes screening (expanded coverage) | Varicella (chicken pox) |
| Prostate cancer screening including digital rectal exam and PSA test | Influenza (flu) (expanded coverage) |
| Breast exam, breast cancer screening and mammography (expanded coverage) | Pneumococcal conjugate (pneumonia) |
| Pelvic exam and Pap test | Human papillomavirus (HPV) |
| Screening for sexually transmitted infections (expanded coverage) | Measles, mumps, rubella (MMR) |
| Screening for HIV (expanded coverage) | Meningococcal polysaccharide |
| Bone density test to screen for osteoporosis | Herpes zoster (shingles) |
| Colorectal cancer screening including fecal occult blood test, barium enema, flexible sigmoidoscopy and screening colonoscopy (expanded coverage) | |
| Aortic aneurysm screening (new) | |
| Pregnancy screenings including, but not limited to: | |
| <ul style="list-style-type: none"> • Hepatitis • Asymptomatic bacteriuria • Rh incompatibility • Syphilis • Iron deficiency anemia • Gonorrhea • Chlamydia <p>Note: These services were previously covered under maternity benefits instead of preventive.</p> | |
| Screening and intervention services (including counseling and education) for: | |
| <ul style="list-style-type: none"> • Obesity (expanded coverage) • Genetic testing for breast and ovarian cancer (new) • Behavioral counseling to promote a healthy diet (expanded coverage) • Breastfeeding (new) • Aspirin use for the prevention of cardiovascular disease (new) • Tobacco use and diseases caused by tobacco use (new) • Alcohol use (new) | |

Visit these websites to learn more about preventive health care:

www.healthcare.gov/center/regulations/prevention/recommendations.html

www.hhs.gov/

Please note that the preventive health care services, screenings, tests and vaccines listed are not recommended for everyone. You and your health care provider should decide what care is most appropriate.

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