



MyHealth Advantage

# Healthy, wealthy and wise

Everyone knows that finding potential health problems early can lead to a better outcome. And being healthier may reduce the number of visits you make to the doctor or the hospital, which, in turn, can save you money.

**MyHealth Advantage** is a free service from your health plan that relies on these facts to help you be healthy, wealthy and wise. We provide personalized information to you and your doctor that may directly affect your health and your bank account.

Here's how it works: We review your health status daily and we check to see what medications you are taking and quickly alert your doctor if we spot a potential drug interaction.

We also keep track of your need for routine tests and checkups. We remind you to make these appointments by mailing a **MyHealth Note** to your home. MyHealth Note includes a convenient summary of all your recent claims. And from time to time, we offer tips to save you money on prescription drugs and other health care supplies.

## COMING SOON TO A MAILBOX NEAR YOU

You don't need to lift a finger to save money while enjoying a healthier life. Just watch your mail for MyHealth Notes. Then use them to your advantage.



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